

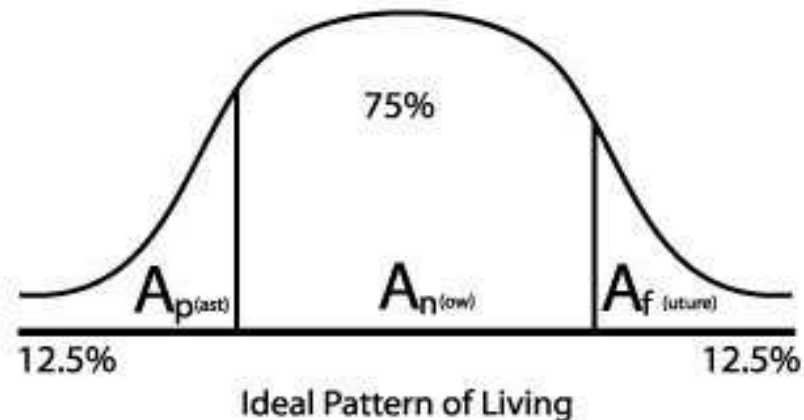
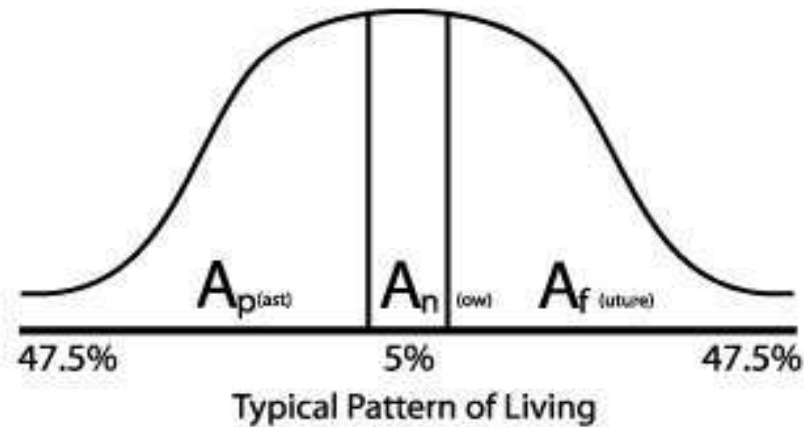
THE ART OF LIVING

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EMPOWERMENT FOR THE INNOVATIVE

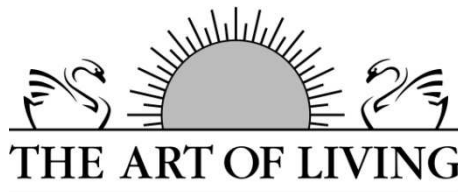
WHAT:

- empowerment of volunteers from all walks of life, projects and groups
- encouraging belongingness and responsibility
- raising social capital
- transformation of structures and organizations



HOW:

- managing the presence
- burnout and stress management
- breathing techniques, tools and programs
- fostering organic structures
- leadership from within



POWER AND PASSION IS IN THE PRESENT MOMENT

- WE LIVE IT, APPLY IT and WE TEACH IT
- WE ARE SUCCESSFUL IN ADDRESSING PROBLEMS ALL OVER THE WORLD - WE SET A GOOD EXAMPLE :
 1. We organise project all over the world for only 5% of the budget
 2. Fastest growing NGO in the world
 3. The biggest NGO in the world
 4. Member of the UN - consultative Status with ECOSOC

The Art of Living is a not-for-profit, educational, and humanitarian NGO engaged in stress-management and service initiatives. The organization operates globally in 151 countries.

THE KEY IS IN THE BREATH



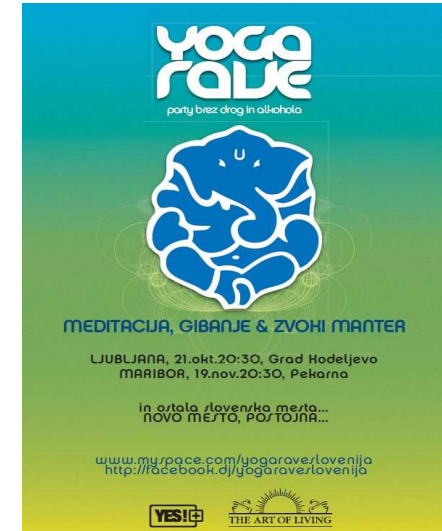
- disaster relief
- education
- rural development programs
- environmental care

- corporate social responsibility for volunteers
- APEX - achieving personal excellence for executives
- woman empowerment

- prison SMART program
- non aggression program for youth, teachers, parents
- youth leadership training program

A FEW EXAMPLES IN EUROPE

WORLDWIDE HUMANITARIAN PROJECT
FOR YOUTH - YOGA RAVE ALSO IN
SLOVENIA - healthy life style party



The World Forum for Ethics in Business
- EUROPEAN PARIAMENT:



**DO YOU WANT TO
EXPERIENCE ONE OF THE
TECHNIQUES NOW?**

